

101 Ways to Show Your Kids You Love Them

1. **Spend time together**
2. Have dinner together
3. Talk about plans for the day
4. Talk about experiences
5. Discuss news
6. Eat an ice-cream together
7. Spot birds or animals outside
8. Talk about the weather when you walk home
9. Don't ignore precious minutes with your kids
10. Ask about their feelings about the day
11. **Involve children in your hobbies**
12. Watch a beloved TV show
13. Play their favorite board game
14. Play their favorite computer game
15. Do sports together
16. Ask about your kid's hobbies and interests. Tell them about your own.
17. Read a book together
18. Ask them to help you around the house
19. Ask who they want to be in the future
20. Get to know their skills and accomplishments
21. **Hug your kids every day**
22. Read them a nighttime story
23. Cuddle with a cocoa
24. Do yoga together
25. Do morning exercises
26. Tell them you love them no matter what
27. Teach about diversity and instill a proper body image
28. Hold your kid's arm when you walk from school together
29. Dance as a fun exercise
30. Give them goodbye kisses when you see them off to school
31. **Show your children your true selves**
32. Encourage your kids to be their true selves
33. Show them their uniqueness
34. Give them a wink
35. Laugh at their jokes
36. Treat your kids as equals
37. Trust your kids
38. Ask what's important to them
39. Tell that making mistakes is OK
40. Give them high five on their accomplishments
41. **Be one team with your kids**
42. Listen to what they have to say
43. Ask them to be a part of a decision
44. Encourage them to make plans for the day together
45. Help them when they are sad. Tell that it's OK to feel that way.
46. Try not to raise your voice or lose temper
47. Be patient to teach them the same thing
48. Teach them to manage their emotions when they have anxiety.
49. Do relaxation exercises together
50. Teach them proper breathing techniques

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51. **Be fair**

52. If you have more than one child, make sure you treat them equally and fairly
53. Love all your kids equally
54. You mustn't have favorites among your kids
55. Create family rules together
56. Be sure to follow the rules you have set up for your kids and for you and your spouse
57. Correct mistakes together
58. Teach about acceptance of others
59. Teach about kindness and gratitude
60. Be honest with your kids

61. **Make a list of people who love your kids**

62. Explain different kinds of love
63. Teach the love of nature and animals
64. Make a list of people whom your kid loves
65. Make a list of favorite activities
66. Ask your kids about their friends and what they love them
67. Ask your kids what they love about themselves
68. Teach your kids to love and be grateful for their belongings
69. Teach your kids to respect their things
70. Ask what books characters they love and why

71. **Be generous**

72. You don't have to show your love with objects
73. Ask them what they truly need and desire
74. Buy a present without any reason now and then
75. Make a surprise for somebody
76. Show them your love and teach them to show love to somebody
77. Be generous with the time you devote to your kids
78. Ask them what they would love to do together with you
79. Teach them about charity and donations
80. Show them how people can get by having only a few things

81. **Communicate with your kids**

82. Do "All About Me Worksheet" together
83. Ask questions such as: "How was your day?"
84. "What surprised you the most?"
85. "What new things have you learned today?"
86. "What kind deeds did you do today?"
87. "What are you grateful for?"
88. "What's the happiest moment of the day?"
89. "What's the saddest moment of the day?"
90. "What would you like to do tomorrow?"
91. **"What would you change about today and why?"**

92. Remind kids about their positive traits
93. Praise your children
94. Tell them what you admire about them
95. Say you're proud of your kids
96. Don't be afraid to be a too loving parent
97. Respect your kid's private space
98. Don't push them if they don't want to talk
99. Ask permission before taking their belongings
100. Wait until your kid is done in the bathroom before going in
101. **Knock before entering their room.**